



WELCOME TO A REAL HOME FROM HOME

Situated in a popular village on the outskirts of York, St Catherine's provides Nursing and Residential Care, including Respite Care and Specialist Dementia Care, for 55 residents.

This grand building is located in Shipton-by-Beningbrough, which is just five miles from the historic city of York. Shipton was first mentioned in 1066 in the Domesday Book and was a popular place for Kings of the time.

'94.5% of our residents and families say their experience in a Wellburn care home was either good or excellent.'

'We invest £1.5 million a year refurbishing our homes.'



“ My mum is treated as an individual and the care she receives is of a very high quality. ”

Sheila Bright

Our pledge to you

If you visit St Catherine's we believe you will see for yourself why it is the perfect home for you or a loved one. As a family-run company we pride ourselves on offering Care without Compromise and we pledge to provide the best care, accommodation and facilities in a relaxed and friendly environment.

'85% of our staff are proud to tell people they work for Wellburn'

Activities

Stimulation and relaxation is a very important part of the care we offer. We focus on a balance of one-to-one and group activities, depending on the choice of the residents and they can do as much, or as little as they like.

Our residents are consulted and have input into our activity programme, which changes monthly. Examples of activities held at St Catherine's include board games, music and dancing, arts and crafts, exercise classes, flower arranging, baking, poetry reading and regular visits to local tourist and historical centres.

'We buy from our 35 local food suppliers; we believe in supporting local farmers and producers.'

Other services

Medical attendance is provided by the local General Practitioners. Residents can continue with their own doctor should they move within the immediate area.

A Chiropodist visits regularly and a Dentist and Optician provide annual check-ups, although additional visits are arranged to suit individual needs. Also on hand is a Hairdresser, Physiotherapist and Aromatherapist, who all visit frequently.



Accommodation and facilities

At St Catherine's accommodation is provided for 55 residents in 39 single rooms, 7 double rooms and 2 suites, the vast majority of which are en-suite. 18 of the bedrooms are in a specialist dementia unit.

Residents may, if they wish, personalise their room with their own furniture and possessions. There is 24-hour room service, tea, coffee and other refreshments are provided on request and all rooms are equipped with television and telephone points. A lift is provided for easy access to first floor rooms.

Two large lounges are available for those taking part in activities, enjoying company or quieter moments. A colour television and DVD player is available, along with an in-house film/music library and large print books.

Two dining rooms mean residents can enjoy meals together or individually if they wish. All of our produce is locally sourced and is, in many cases, organic and a varied menu of freshly cooked dishes is provided. Special diets, such as vegetarian or gluten-free meals, are also catered for.

Our large gardens provide the perfect tonic for residents who enjoy being out in the great outdoors.

'Wellburn has won 25 awards for the quality of its gardens over the last three years'



*“ come as our
guest and join us
for lunch ”*

Our home is your home

Choosing a residential home for yourself or a loved one is never easy. Should you decide to come to St Catherine's, whether it is long-term or simply for a bit of a break, we hope you will make our home your home.

Allow our staff to spoil you with old-fashioned hospitality, together with high standards of service that provide you with quality and value. Our staff are on duty 24 hours a day to attend to any request you may have, however big or small.

Your friends and relatives are very welcome at all times and they can spend as much time in the home as they wish.

If you are undecided which home to choose please come to St Catherine's as our guest and join us for lunch so you can sample the happy, friendly, family atmosphere for yourself.

'On average 82% of the profit we make is invested back into our homes, to ensure we are continually improving the quality of care for our residents.'

Fees

Fees vary according to room allocation and the level of service required. Our manager will be pleased to discuss our rates with you on request. Financial support may also be available and we will be pleased to assist with advice on financial matters at any time.

Our high standards of care are available to all members of the community whether publicly or privately funded – there is no distinction.





York - Close to St Catherine's

Where we are

The home is based in the village of Shipton-by-Beningbrough. You can find us off East Lane on the outskirts of York city.

For further information, or to arrange a visit, contact us or simply pop in.

St Catherine's

1 East Lane, Shipton by Beningbrough, York YO30 1AH

Telephone: 01904 470644 email: stcatherines@wellburncare.co.uk

www.stcatherines-carehome.co.uk



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Registered with the Care Quality Commission for 55 nursing, old age, (OP) and DE (E).

Our other homes and their locations



Eighton Lodge, Low Eighton, Low Fell, Gateshead NE9 7UB
Tel: 0191 410 3665



Garden House, 174 Main Street, Spittal, Berwick TD15 1RD
Tel: 01289 330 942



Glenholme, 4 Park Avenue, Roker, Sunderland SR6 9PU
Tel: 0191 549 2594



Grimston Court, Hull Road, Grimston, York YO19 5LE
Tel: 01904 489 343



Craghall, Matthew Bank, Jesmond, Newcastle NE2 3RE
Tel: 0191 284 6077



Nightingale Hall, 7 Seagrim Cres, Richmond, North Yorkshire
DL10 4UB Tel: 01748 823 003



Riverhead Hall, Beechwood Lane, Drifffield, E. Yorks YO25 6NU
Tel: 01377 253 863



Rosevale, 33 The Village, Wigginton, York YO32 2PR
Tel: 01904 764 242



Ryton Towers, Whitewell Lane, Ryton, Gateshead NE40 3PG
Tel: 0191 413 8518



Heatherdale, Broomhill, Northumberland NE65 9RT
Tel: 01670 760 796



St. George's, Vigo Lane, Harraton, Washington NE38 9AH
Tel: 0191 419 1878



Wellburn House, Main Road, Ovingham, Northumberland
NE42 6DE Tel: 01661 834 522



Whorlton Grange, Whorlton Grange Cottages, Westerhope,
Newcastle NE5 1ND Tel: 0191 214 0120



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ST CATHERINES

SHIPTON BY BENINGBROUGH, YORK

